MASSAGE

Relaxation Massage
Gentle, rhythmic massage that alleviates stiffness and fatigue as well as improving circulation. Customized to your individual needs.

Deep Tissue Massage
Therapeutic massage that aids in releasing tension in the deep layers of muscle tissue, alleviates pain, increases range of motion and eliminates muscular knots.

Hot Stone Massage
Warm Basalt rocks relax and ease muscles, allowing a deeper massage with lighter pressure.

Prenatal Massage
Customized for expectant mothers, relieving lower back tension and reducing swelling in hands and feet.

Couples Massage
Enjoy the massage of your choice alongside your significant other or companion.

Tandem Massage
Consists of two therapists working in unison creating a seamless dance of both mirror and synchronized work that incorporates a variety of massage modalities.

*All Massages include the option to choose from a selection of aromatherapy oils

FACIALS

Amala Organic Facial
Nourish and rejuvenate your skin with cleansing under steam, exfoliation, extraction and a customized mask.

Nano Needling Facial
Reduce fine lines, wrinkles, and leave your skin feeling and looking younger. Creating hundreds of thousands of microscopic permeations on the surface of the skin that immediately plumps skin and allows greater absorption of nutrients.

Derma-Zen Facial
Augment your cleansing facial with Dermaplaning. A non-abrasive and chemical free way of removing dead skin cells and soft facial hair. Dermaplaning promotes smoother skin while allowing product to penetrate more deeply and diminish fine lines.

REFLEXOLOGY

Also known as zone therapy. The art and science of applying pressure to specific reflex points to stimulate the body’s own healing power.
**ADD-ON SERVICES**

**Fresh Face Treatment**
Nourish and awaken skin with a complete cleanse, facial and exfoliation, Marma point massage and target treatments using restorative fruits and plants from our global fair trade farms. This treatment can be added to any massage.

**Rezen Eye & Lip Lifting Treatment**
Treat and revive tired or stressed skin around the eyes and lips with a nano needling technology and serums

**Dermaplaning**
Dermaplaning is a physical exfoliation procedure. It requires the use of a sterile, surgical scalpel to gently “shave” the skin’s surface, removing the top-most layer of dead skin along with fine, vellus hair. Cleanses skin leaving it smooth and glowing.

**Hand Paraffin Treatment** 15 minutes 30 **Foot Paraffin Treatment** 15 minutes 30

**BODY TREATMENTS**

**Detoxifying Algae Wrap & Body Massage**
Dry or Sun-damaged skin will be rehydrated and restored. Leave with smoother and firmer skin.

**Detoxifying Salt Polish**
Organic plants will refresh, smooth, and refine the skin, leaving your skin silky and rejuvenated.

**WAXING/HAIR REMOVAL**

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eyebrow</td>
<td>30 and up</td>
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<tr>
<td>Eyebrow Shaping (tweeze only)</td>
<td>50</td>
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<tr>
<td>Bikini</td>
<td>50</td>
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<tr>
<td>Brazilian</td>
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<tr>
<td>Full Leg</td>
<td>100</td>
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<tr>
<td>Sideburns</td>
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<td>Full Arm</td>
<td>60</td>
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<tr>
<td>Chest</td>
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<td>Under Arm</td>
<td>30</td>
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<tr>
<td>Back</td>
<td>75</td>
</tr>
<tr>
<td>Lip and Brow</td>
<td>45</td>
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</tbody>
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**LASH EXTENSIONS**

**Volume Lash**
Our Volume Lash lashes are hand-built on the spot for the most luxurious volume. Multiple ultra-lightweight extensions are placed per natural lash. May require up to 2.5 hour appointment time.

**Classic**
Individual eyelash extensions are a classic technique applying 1 extension to 1 natural lash. This style is less dramatic than volume sets and is usually suitable for those who are looking to create a “mascara” effect.

**Fill**
To keep your lashes full, fresh and in tip-top shape, we offer:

- Classic Full Set 2-5 Weeks 95-180
- Volume Full Set 2-5 Weeks 265-180
SPA TREATMENT ADDITIONAL INFORMATION

Spa Treatment Hours: 9 am - 5 pm daily
Hours may vary seasonally. Please call the Spa receptionist desk for confirmation.

Spa Reservations: We recommend scheduling Spa appointments prior to your intended visit so that we may best accommodate your preferred times. A credit card number is required at the time treatments are booked. Please arrive 15 minutes prior to your appointment.

Age Requirement: Guests must be a minimum of 16 years of age. Spa services for those 15 and younger are provided at our discretion and a parent or adult guardian must be present. Our couples room is ideal for children’s massages.

Cancellation Policy and Tardiness: Spa treatments are reserved specifically for each individual guest. Please notify us 24 hours before your scheduled appointment if you need to cancel or reschedule to avoid being charged 50% of the service as well as the 20% service charge. Arriving late will limit the time available for you treatment, which will end at the scheduled time. The full cost for the treatment will apply.

Service Charge: A 20% service charge is added to your spa treatments. Additional gratuities are at your discretion based on your level of satisfaction.

Attire for Treatment: You may wear whatever is comfortable. Most Spa treatments are enjoyed without clothing, however a robe and sandals will be provided for you upon request. Our professional staff is trained to drape towels or sheets discretely to protect your privacy at all times.

Shaving before Treatment: Shaving is recommended for men at least two hours prior to a facial, but it is not necessary. Shaving is not recommended prior to any body treatments.